



Metacognition & Self-regulated Learning

St Patrick's RC High School

A National Teaching School

In partnership with

Manchester Communications Academy Research School

Metacognition and self-regulation approaches aim to help pupils think about their own learning more explicitly, often by teaching them specific strategies for planning, monitoring and evaluating their learning. Interventions are usually designed to give pupils a repertoire of strategies to choose from and the skills to select the most suitable strategy for a given learning task

Our 3 day training course explores the EEF guidance with a view to providing strategic and practical approaches to support the implementation of these recommendations, alongside an insight into the evidence.

The training is structured around these 7 evidence informed recommendations:

- Recommendation 1 - Teachers should acquire the professional understanding and skills to develop their pupils' meta-cognitive knowledge
- Recommendation 2 - Explicitly teach pupils metacognitive strategies, including how to plan, monitor, and evaluate their learning
- Recommendation 3 - Model your own thinking to help pupils develop their metacognitive and cognitive skills
- Recommendation 4 - Set an appropriate level of challenge to develop pupils' self-regulation and metacognition
- Recommendation 5 - Promote and develop metacognitive talk in the classroom
- Recommendation 6 - Explicitly teach pupils how to organise and effectively manage their learning independently
- Recommendation 7 - Schools should support teachers to develop knowledge of these approaches and expect them to be applied appropriately

The training will be most beneficial for leaders and teachers

National Teaching School

designated by



National College for
Teaching & Leadership

£295* per delegate

For further information or to register interests, please contact

teachingschool.stpats@salford.gov.uk



<https://teachingschool.stpatricksrchigh.co.uk>



@StPatsNTS

Terms & Conditions

Terms and conditions for professional development activities and CPD or NQT packages.

1. Payment terms

Payment – St. Patrick’s will invoice as soon as the booking is made, payment is required within 30 days from the date of invoice or prior to the course start date, whichever is sooner.

2. Credit terms

Our standard credit terms for account customers are 30 days from the date of invoice.

3. Course bookings

Bookings are to be made via the St. Patrick’s Teaching School website or by emailing teachingschool.stpats@salford.gov.uk. A confirmation of booking will be emailed to the course delegate and an invoice will be issued.

4. Cancellations

Should circumstances mean that you have to cancel your course and are unable to transfer your booking to another date at the time of cancellation, the following charges will apply:

- Up to 14 days prior to the course start date - no charge
- Between 7 and 14 days prior to the start - 50% of the course fee
- Less than one week prior to the course - full fee.

NB Cancellation must be made via email to teachingschool.stpats@salford.gov.uk.

5. Non-attendance

If you do not attend a course, and you have not previously informed us, the full course fee remains payable.

6. Missed sessions (Programmes)

If you are absent or cannot make a session for one of our Training Programmes and have previously informed us, we will try our best to accommodate you with an alternative date.

7. Unforeseen circumstances

On occasion, unforeseen circumstances may require us to cancel a course. In such circumstances you will be given as much notice as possible and either a free transfer to another course date or a full refund of fees paid.

8. Data/Fair processing

All information that we hold concerning you will be held and processed by St Patrick’s RC High School strictly in accordance with the provisions of the Data Protection Act 2018 (GDPR)

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